



Love God. Love people.

Discussion Guide

“Your Next ‘Yes’”

Hope Adams

Starter What’s something you’ve always wanted to do but have hesitated because of fear, uncertainty, or feeling unqualified?

Sermon Summary

God is inviting each of us to bring Him a fresh “yes,” even when fear, discomfort, or uncertainty tempt us to hold back. As we trust Him and move forward in obedience, He not only works through our lives but also transforms us into the people He’s created us to be.

ACT

As you absorb sermons, read, or participate in group discussion, take notes and make a plan to apply what God’s teaching you.

A (Action): Mark important ideas with an “A” to remind you to take action.

C (Contemplate): Use a “C” to mark ideas you want to process further.

T (Transfer/Teach): If it’s something you need to teach to someone else, note it with a “T.”

Read

What do these Scriptures teach you about God’s character? (Read some or all verses together.)

[Exodus 3:11](#)

[1 John 4:4](#)

[Matthew 16:24](#)

[Exodus 4:1](#)

[2 Corinthians 5:15](#)

[Proverbs 3:5–6](#)

[Exodus 4:10](#)

[Luke 22:42](#)

[Exodus 14](#)

[Exodus 4:13](#)

[Matthew 16:24–25](#)

Discuss

Choose questions to keep the discussion moving. There’s no need to discuss every question.

1. Which of the three fears discussed—feeling inadequate, losing comfort, or losing control—do you relate to most right now?
2. Moses gave God several excuses before saying “yes.” What are some excuses people commonly make when God calls them to something?
3. How have you experienced God growing your character through an act of obedience rather than simply changing your circumstances?
4. Who has influenced your faith because they consistently said “yes” to God? What impact did their obedience have on you?
5. What do you believe God may be inviting you to say “yes” to during this season of your life?

Go Deeper

1. Study [Isaiah 6:1–8](#) (Isaiah’s calling). What can Isaiah’s willingness teach us about responding to God’s call before knowing all the details?
2. Study [Joshua 3:7–17](#) (crossing the Jordan River). How does this story encourage us to obey God before we see the outcome?
3. Study [Esther 4:12–17](#), [5:1–7](#) (Esther risked comfort and safety to fulfill God’s purpose). What fears did Esther have to overcome, and what does her example teach us about courageous obedience?

Apply

1. Identify one area where fear has been keeping you from obeying God and then act on what He is asking you to do this week.
2. Release one area you’ve been trying to control by intentionally trusting God with it through prayer.
3. Encourage someone else who is facing fear by sharing a story of God’s faithfulness in your own life.

Pray

Here are some prayer points:

1. Pray for the courage to say “yes” to whatever God is calling you to do.
2. Ask God to replace fear, insecurity, and doubt with confidence in His presence and power.
3. Pray for the grace to trust God’s plans, even when you can’t see the full picture.
4. Ask God to use your obedience to impact your family, friends, and future generations for His kingdom.

Leadership Tip

Foster an atmosphere where honesty and vulnerability are welcomed rather than rushed.

Encourage group members to share not only what they believe God is asking them to say “yes” to but also the fears that make obedience difficult, reminding them that spiritual growth often begins with openness and is strengthened through encouragement, prayer, and accountability.