



Love God. Love people.

Discussion Guide

“There’s a ‘So That’ in Your Season”

Pastor Tammie Floyd

Starter Have you ever gone through a season where you kept asking, “God, why is this happening?” but later realized that season actually changed you for the better? Share a story.

Sermon Summary

What if the season you’re experiencing has a greater purpose than you can currently see? This message encourages us to trust God through every process, reminding us there is a “so that” in every season, and God can use pain, waiting, and pruning to shape our faith, strengthen our perspective, and reveal His glory.

ACT

As you absorb sermons, read, or participate in group discussion, take notes and make a plan to apply what God’s teaching you.

A (Action): Mark important ideas with an “A” to remind you to take action.

C (Contemplate): Use a “C” to mark ideas you want to process further.

T (Transfer/Teach): If it’s something you need to teach to someone else, note it with a “T.”

Read

What do these Scriptures teach you about God’s character? (Read some or all verses together.)

[2 Timothy 3:16–17](#)

[Matthew 5:16](#)

[Isaiah 61:3](#)

[1 Peter 5:7](#)

[1 Peter 1:6–7](#)

[James 1:2–4](#)

[Psalm 34:1](#)

[Jeremiah 29:11](#)

[John 9:1–3](#)

[Romans 8:28](#)

[John 3:16](#)

[Matthew 6:9–10](#)

[John 11:4](#)

[John 15:1–2](#)

[Hebrews 4:12](#)

Discuss

Choose questions to keep the discussion moving. There’s no need to discuss every question.

1. Which perspective do you most need right now: a heavenly perspective, a victor perspective, or a praise perspective? Explain.
2. What thoughts have you been allowing to grow in the garden of your mind, and how are those thoughts affecting your faith and actions?
3. How have difficult seasons shaped your character, strengthened your faith, or changed the way you see God?

4. What would change in your daily attitude or decisions if you truly believed God was working purpose through your current season?
5. How have you seen God use a painful or unexpected season in your life to prepare you for something greater later on?

Go Deeper

1. Study Genesis 37–50 (Joseph’s story). Where might God be developing character, wisdom, or preparation in your life through seasons that currently feel unfair or delayed?
2. Study 2 Corinthians 12:7–10 (Paul’s thorn in the flesh). How could your current weakness or limitation become a place where God’s strength is displayed more clearly?
3. Study Matthew 26:36–46 (Jesus in the Garden of Gethsemane). What does surrendering to God’s process look like in your life when the path forward feels painful or unclear?

Apply

1. This week, write down a current challenge or season you’re walking through and ask God, “What do You want to develop in me through this?” Reflect on how He could be using the process for growth, preparation, or His glory.
2. Identify one recurring negative thought you’ve been believing and intentionally replace it with a Scripture-based truth. Practice developing a heavenly perspective by filling your mind with God’s promises instead of fear or discouragement.
3. Start each day with gratitude and worship, even if your circumstances haven’t changed. Create a habit of praising God in the middle of the process instead of waiting until the breakthrough comes.

Pray

Here are some prayer points:

1. Pray for a heavenly perspective—to trust that God is working with purpose even in seasons of waiting, pruning, or uncertainty.
2. Pray for victory over negative thoughts, fear, discouragement, and burnout, asking God to renew your mind with His truth and promises.
3. Pray for a heart of praise and gratitude that remains steady in every season, believing God is faithful even before the breakthrough comes.

Leadership Tip

As you lead the discussion, create space for honesty and vulnerability rather than trying to fix people’s situations. Some group members may still be in the middle of their “so that” season, so remind them God is still working even when the purpose isn’t fully visible yet.